



BRAZILIAN JIU-JITSU

FREE MONTH OF CLASSES INCLUDED WITH YOUR MEMBERSHIP

MONDAY-THURSDAY

KIDS | 5:15 PM {AGES 4-12}

ADULT BASIC | 6:00 PM

ADULT ADVANCED | 7:00 PM

TUESDAY, THURSDAY, & SATURDAY

ADULT MIXED | 12:00 PM



CRAIG RANCH
FITNESS + SPA

ADVANCED CLASSES AVAILABLE FOR STUDENTS WITH 1+ YEARS OF PRIOR TRAINING OR INVITATION BY A COACH
SEE FRONT DESK TO SIGN UP FOR A CLASS OR CONTACT PHILLIP CASTILLA AT BJJ@CRAIGRANCHFITNESS.COM